

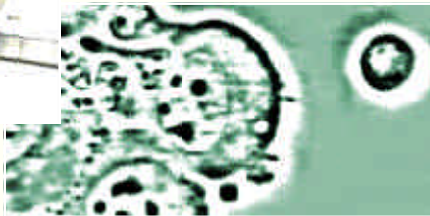
# NEW VIDEO RELEASE

ON-LINE NEWSLETTER

Canadian Learning Company™



## LIVING WITH CANCER: A Message of Hope



### SCIENTIST:

*"There is good news. For the first time ever, the number of new cancer cases is declining, and the chances of surviving a cancer diagnosis are better than they have ever been. Research shows that the choices we make in our diet and lifestyle can dramatically reduce the risk of getting cancer. Experience tells us that vigilance leads to early detection—which means less invasive treatment and a greater chance of survival."*

Cancer – a dread disease, a major killer. Is there any real cause for hope? Join more than 10 million former cancer patients in North America who believe there is.

See breakthroughs on every side and reasons for genuine hope from all quarters and perspectives: science, medicine, education, psychology, spirituality, and palliative care.

Hear the stories of nine cancer patients who discover that, though terrifying at first, cancer can be part of life, not necessarily the end of it.



### FAMILY:

*"Even though we've always been a close family, we were trying to be the rock for each other—but we discovered we] were gravel, we were sand."*  
— Travis Baillie, father of Coral Baillie (above—diagnosed with leukemia at age 5)



### PATIENT:

*"The whole thing is that life is terminal. If there is a gift [with cancer]—and I know a lot of people object very strenuously [to this idea] and sometimes I do too—but if there is a gift it's in making you aware how precious each day is and in raising your consciousness to the point that you live life better. Now everyone should be doing that, and it's too bad that it takes this kind of a jolt to bring us to that awareness."*  
— Lois Hjelmsstad, poet, cancer patient



### EDUCATOR:

*"Storytelling is the oldest way known to humankind for knowledge [and] feelings to be passed on. Hearing other people's stories of how they got through, that provides them [with] hope. They see other people do it—that gives them hope that they can do it."*  
— Jane Harper Chelf, MDiv, RN, Cancer Centre Patient Educator



### PHYSICIAN:

*"How to give bad news is the most difficult thing that physicians [face]. When we [say that] patients come first I often think that sometimes we forget about what that means—it means the patient comes first. It means we listen sometimes more than we talk."*  
— Frank Prendergast, MD, PhD, Director, Mayo Clinic Cancer Centre



### CHAPLAIN:

*"Some of the common responses that I have seen in patients who have received a diagnosis of cancer are fear, anger, withdrawal—and I think withdrawal is one of the most difficult ones to know how to minister to."*  
— Chaplain Phillis Bennett

Sometimes the best way to help someone with cancer is to say to oneself. . .

*"Don't just do something — stand there!"*

— David Spiegel, psychiatrist



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