

The Teen Files & Teen Files Flipped Series - hosted by Leeza Gibbons

The Teen Files Series

The Truth About Drinking

Teens who are current drinkers see first hand what the future may hold for them if they continue to drink. Viewers experience the potential consequences of alcohol use from every perspective: how drinking impairs a person's coordination, vision and reaction time; how the brain and other organs suffer permanent damage from alcohol use; how a drunk person really drives; and how drinking can lead to months in a rehabilitation centre. The grim reality is that alcohol is the number one killer of teens. By the close of the program, all the young participants are moved to stop their reckless drinking behaviour. Teacher's Guide available.

1998 30 minutes, order 1-2256
DVD or VHS \$225 PPR

The Truth About Sex

More than half of all teenagers have had sex before they're 18 years old. Therefore, it's not surprising how many teens contract a sexually transmitted disease, or face an unplanned pregnancy.

Parents and teenagers are often too uncomfortable or too embarrassed to discuss the risks associated with sex. The Truth About Sex forces teenagers to face the hard-hitting realities of having sex too young, including unplanned pregnancies and STDs. Viewers are introduced to several sexually active teenagers, many of whom are having unprotected sex. Two teens discuss the struggles of becoming parents at such a young age, while another young couple faces the possibility that they could be pregnant.

A group of teenagers tour a microbiology lab, where hundreds of cases of sexually transmitted diseases are diagnosed each year, and participate in a "mock AIDS test". Lisa, a 33-year-old heterosexual woman with full-blown AIDS, hears her story.

1999 30 minutes, order 1-2344
DVD or VHS \$225 PPR

The Truth About Hate

Emotional and hard-hitting, this production explores the origins of hate through the eyes of today's teenagers as they come face to face with their own racism, ethnic bigotry, religious hatred, and sexual discrimination. Initially, the teens appearing in this program express the attitudes that the exclusion of other individuals and groups is a necessity, that racism is not a problem in our society, and that their attitudes are justifiable and cannot be changed.

Through interactive experiences with other teens who are different from themselves, and emotional encounters with people who have been victimized or affected by hate due to family and social ties, these young people gradually learn to face the destructive reality of their prejudices. Providing examples of real solutions to the problem of hatred, this program seeks to encourage every viewer, young and old, to rethink issues of prejudice and eliminate hatred from their lives. Teacher's Guide available.

1999 32 minutes, order 1-2279
DVD or VHS \$225 PPR

The Truth About Violence

See violence and its consequences through the eyes of eight teens in this explosive, timely and ultimately life-affirming documentary exploring the rising tide of teen violence.

Two are in gangs, two are involved with gang members, three are on probation for violent behaviour, and all of them have histories of harming their peers, teachers, or themselves. Hardened by their own experiences, they see violence as a necessity in their daily lives, think nothing of carrying or potentially using a gun, and don't consider the consequences of their violent acts to themselves or others.

Follow them on a month-long journey that brings them face-to-face with how violence impacts victims' lives. They visit the USC Medical Center and witness in graphic detail the effects of violence; they tour a battered women's shelter; they undertake a gruelling challenge in the rugged Colorado mountains to learn

empathy, teamwork, and that it is possible for them to change their violent ways.

Then, during a highly emotional visit, the teens tour Columbine High School in Littleton, Colorado, the site of a mass shooting perpetrated by two students. The group listens to a grieving father, a brother, and a teacher who share their heartbreaking stories of loss and anger.

Take away a sense of optimism as the teens see violence for what it is, become determined to change their lives forever and reach out to other young people to help them overcome the problem of teen violence. Teachers Guide available.

1999 57 minutes, order 1-2501
DVD or VHS PPR \$225

The Truth About Drugs

Explores the lives of several young people who have been forever changed by drug use. It shows the immediate consequences of illegal drugs, and illustrates in vivid detail how easily a life can be changed or destroyed after just one drug use episode. The effects of heroin, cocaine, Ecstasy and other drugs are discussed, as well as techniques for turning away from risky drug-related situations.

The stories presented in the video are chillingly unpleasant, but they are all important. By hearing from young people who have made critical mistakes, viewers will be inspired to make healthier choices. Teacher's Guide available.

2000 30 minutes, order 1-2517
DVD or VHS PPR \$225

Surviving High School: Fitting In, Working Together

Breaking down the barriers that separate teens, this thought provoking video tackles the stress that high school kids experience as they try to fit in and be accepted by their peers - no matter what the cost.

This video unfolds like a real life version of the movie The Breakfast Club as 11 teens struggle to "fit in" against a

backdrop of isolation, bullying, depression, and thoughts of suicide. Viewers get an in-depth look at these teens' lives, seeing them reveal their true selves to each other. The teens are dared to define what it means to "survive" in their own school by finding a solution to the bullying, harassment, and exclusion that has been tearing their school apart.

By urging teens to make positive changes in how they perceive themselves and how they treat others, this is a compelling and invaluable resource for kids, teachers and parents alike. Teachers Guide available.

2001 45 minutes, order 1-2544 VHS PPR \$225 not available in DVD (see #1-2543)

The Truth About Body Image

Eleven very different teens confront how popular ideas of "beauty" and "good looks" damage teens physically and psychologically. Explore the complex world of social pressures faced by teens caused by body image issues.

In a society where 50% of boys and 75% of girls are unhappy with their appearance, and where the rate of depression and suicide among teens is so high, this video provides a compelling behind the scenes look at how our "ideal" images are manipulated.

As these teens spend time getting to know one another, they discover that most people share the same needs, wants and feelings - even when those people appear to be very different on the outside. Teachers Guide available.

2001 21 minutes, order 1-2560 VHS PPR \$225 not available in DVD (see #1-2543)

Surviving High School

Please Note : This is the original version from which **The Truth about Body Image**, and **Surviving High School : Fitting In, Working Together** ». were taken. This version is available on DVD or VHS

2001 59 minutes, order 1-2543 DVD or VHS \$225 PPR

Smoking : Truth or Dare?

Smoking kills more people than AIDS, drug abuse, car accidents and murder – combined. This a powerful program that graphically demonstrates exactly what this deadly habit does to a body. The damage smoking does to our bodies is not just something intangible that teens might have to face forty or more years down the road. These young people are suffering the deadly effects of their use right now, and the consequences will only get worse. Teacher's Guide.

1998 29 minutes, order 1-9298 DVD or VHS PPR \$225

The Teen Files Flipped Series

Tolerance

This exploration of hate finds two typical teenagers coming face-to-face with their own fears, insecurities, bigotry and hatred, when they find themselves in circumstances beyond their control. This hard-hitting, in-your-face reality-based program will keep students riveted as they learn the value of communication, compassion and understanding.

2002 21 minutes, order 1-2657 DVD or VHS \$225 PPR

Gun Awareness

Two teenagers confront their apathy toward their use of guns as they witness the grisly and heartbreaking aftermath of violence on victims, parents and, unexpectedly, themselves. The connection between high-risk behaviour and life and death hits home in this explosive reality-based program.

2002 21 minutes, order 1-2658 DVD or VHS \$225 PPR

The Reality of Drug Use

A group of teenage drug users are "flipped", each in a different way. Convicted of drug trafficking, Stephen is sent to a treatment facility. Kriss, who believes driving under the influence is an acceptable risk, is "paralyzed" in a car wreck. Carissa stays at a hostel for homeless teens, then "overdoses and dies". Crystal, the "ringer" in the group, has a real-life story: her brother Caleb did

die of a drug overdose. The teens react strongly to their dramatized situations, vowing they don't want to see any of this happen for real.

2002 21 minutes, order 1-2659 DVD or VHS \$225 PPR

Mother/Daughter

Jill and her 16 year old daughter Connie, don't see eye-to-eye. All that is about to change as Jill and Connie switch places for one eye-opening day. Jill experiences first-hand the academic and social pressures of today's high school student, while Connie struggles to keep the house in order, meet work deadlines, and prepare dinner, all the while dealing with life's unexpected twists and surprises. A serious topic with touches of humour.

2002 21 minutes, order 1-2660 DVD or VHS \$225 PPR

Boyfriend/Girlfriend

Sean and Mehrak have some misconceptions about each other's lives, which is placing a strain on their relationship. In this bold, wryly humorous show, the teens get the chance to spend 24 hours in each other's shoes -- literally. Trading friends, jobs and gender for 24 hours dramatically impacts the way they feel about each other.

2002 21 minutes, order 1-2661 DVD or VHS \$225 PPR

Sexual Responsibility

What are the far-reaching consequences of becoming a teen father? What does it feel like to be a teen facing death from AIDS? These are some of the questions two high school teens must face in a disturbingly candid look at the consequences of risky sexual behaviour.

2002 21 minutes, order 1-2662 DVD or VHS \$225 PPR

Bullies, Loners & Violence

Teens Joey and Krisin are attractive and outgoing, and both are bullies. "Flipped" into attending a new school dressed in "nerd clothes", the two are teased unmercifully on the same day there's been a school shooting in a nearby

community. In an emotional after-school vigil, students from Columbine and Santana high schools share their experiences, leading the group to a decision to treat others fairly and to do what they can to stop school violence.

2002 21 minutes, order 1-2663
DVD or VHS \$225 PPR

Gang Member/Law Enforcement

In this hard-hitting examination of inner-city life, John, a law enforcement officer, and Carlos, a teenage gang hanger-on, trade places for a day. With his gang, John faces battle, prejudice and harassment by law enforcement, while Carlos, in his role as an officer, struggles to control his emotions in dealing with confrontational gang members and the victims of violence.

2002 21 minutes, order 1-2664
DVD or VHS \$225 PPR

High School Dropout

How important is a high school diploma really? What if you have your mind set on a career you believe depends on inborn talent and not on "book learning"? These questions are answered with dramatic real-life clarity. Jeremy, a talented basketball player and model-perfect Lavada, find themselves in a world turned suddenly upside down and where they quickly learn that beauty and being an ace at defence aren't enough to qualify them for success.

2002 21 minutes, order 1-2665
DVD or VHS \$225 PPR

Racism

As this intense video begins Chris and Michael openly express distrust and dislike for minorities. Chris gets to join some record promoters as they listen to a new band and meet rap superstar Coolio. Meanwhile, Michael is asked to be a mentor for Mike-Mike, an African-American boy. Along the way Chris and Michael must confront their prejudices and make new choices. They are forced to re-evaluate their feelings, especially after each comes face-to-face with the violent consequences of hate.

2002 21 minutes, order 1-2666
DVD or VHS \$225 PPR

Tobacco

Kyle is dependent on smokeless tobacco, but hopes to become a professional baseball player, while Ashlee, a cigarette smoker, hopes to make it as an actress in Hollywood. Each of them is unconcerned about their dangerous habit, declaring themselves to be "invincible". Believing they won an opportunity to live out their fantasies, they instead discover the destructive realities of tobacco as they watch their lives go up in smoke. This reality-based program brings a new twist to teaching students about the dangers of tobacco.

2002 21 minutes, order 1-2667
DVD or VHS \$225 PPR

Father/Son

When communication erodes and relationships are marred by mistaken perceptions, frustration and anger, how can a teen and his father hope to understand and respect each other? An exceptional new reality program examines this complex issue with humour and sensitivity as 16 year old Chris and his father, Kevin, are "flipped" for a day, assuming each other's identity and acquiring new understanding of the demands, responsibilities and stress that come with walking in the other person's shoes.

2002 21 minutes, order 1-2668
DVD or VHS \$225 PPR

Teacher/Student

Cameron, the class clown, and his Spanish teacher, Miss A, trade places for a day in this humorous, yet incisive study of high school life. While Miss A struggles with the performance pressure and time demands placed on a high school student, Cameron finds himself confronted with bored, out-of-control kids and superiors who want to see results.

2002 21 minutes, order 1-2669
DVD or VHS \$225 PPR

Doing Hard Time

Teenage Jonathon has a rap sheet and an attitude. Tina enjoys getting into fights. "Flipped" into a maximum-security prison, their bravado quickly fades. Tina learns she's facing execution for beating another girl to death. She receives a last minute reprieve and the acquaintance Jonathon thought was just another new kid on the cellblock turns out to be a lifer, who hopes that Jonathon will learn from his mistakes. Their experience hits home and both teens resolve to change.

2002 21 minutes, order 1-2670
DVD or VHS \$225 PPR

Street Racing - Danger!

In this powerful reality-based program, young street racers Tiffany and Julius have little concern for the law or their safety. When Tiffany is "arrested" for drag racing and Julius is "killed" in a race-related accident, they get an emotional punch they'll never forget. Even after realizing that their experiences were staged, they are moved by meeting the victim of a real street-racing tragedy. Viewers are given plenty of sobering information, as well as an exciting look at the safer alternative of track racing.

2002 21 minutes, order 1-2671
DVD or VHS \$225 PPR

Credit Card Abuse/Gambling Addiction

This outstanding program provides a sobering, no-holds-barred look at the devastating results of reckless spending and problem gambling. The program candidly illustrates the insidious nature of unrestrained spending and gambling, and dramatically demonstrates the danger signs and real-life consequences of these risky behaviours.

2002 21 minutes, order 1-2672
DVD or VHS \$225 PPR

Drug Use and Addiction

Self-absorbed teens Cory and Eva prefer the "high" life and use drugs to achieve it. Eva's chief goal in life is fun, while Cory's is to avoid his mother's nagging. When they are "flipped", Cory is emancipated from his mom and Eva's asked to host an MTV program. The teens subsequently become involved with heavy drug users who steal to support their habit, suffer withdrawal and overdose themselves into the hospital. This, and additional revelations about HIV infection and drug-induced brain damage, cause the teens to swear off drug use and reconcile with their families.

2002 21 minutes, order 1-2673
DVD or VHS \$225 PPR

Date Rape/Abusive Relationships

In this disturbing portrait of unhealthy relationships we meet high school students Mario and Debbie. Mario takes pride in "seducing" as many girls as possible, until he spends a day helping the DA gather evidence in a date rape case. Debbie has just escaped an abusive relationship and is afraid of finding herself in another, but a day chaperoning Gina, whose boyfriend is constantly harassing her, strengthens Debbie's defences.

2002 21 minutes, order 1-2674
DVD or VHS \$225 PPR

Eating Disorders/Steroids

Kelli, convinced she's too fat to get a dancing job, obsesses over every bite of food, until she steps into another dancer's shoes for a day and discovers the potentially fatal consequences of anorexia. Dan believes steroids will help him build muscle and ensure his football career, but a day as an NFL wannabe teaches him they're more likely to destroy his career -- and his life.

2002 21 minutes, order 1-2675
DVD or VHS \$225 PPR

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